



37TH ANNUAL CONFERENCE OF THE CHANDIGARH OPHTHALMOLOGICAL SOCIETY

SOLUTIONS IN SIGHT 2026



Oration Awardees



Prof Ramanjit Sihota
AD GROVER ORATION



Dr Muralidhar Ramappa
IS JAIN ORATION

Scientific Program

6 Credit Points

By **Punjab Medical
Council**

Chief Guest



Prof Arun Kumar Grover

Guest Of Honour



Prof Amod Gupta

Organising Committee



Prof Sushmita Kaushik
Organising Chairperson



Dr Jitender Jinagal
Organising Secretary



Dr Manu Saini
Treasurer COS

Executive Committee

Dr Parveen Sen | Dr Raman Mittal | Dr Mohit Dogra | Dr Aditi Mehta
Dr Alisha Kishore | Dr Sonia Phulke | Dr Manik Sardana | Dr Paavan Puneet Malhotra



37TH ANNUAL CONFERENCE OF THE
CHANDIGARH OPHTHALMOLOGICAL SOCIETY
29th–30th August, 2026 | The Lalit, Chandigarh

WELCOME MESSAGE

Dear Colleagues,

It gives us immense pleasure to welcome you to the **37th Annual Conference of the Chandigarh Ophthalmological Society – “Solutions in Sight 2026”**, scheduled to be held on **29th–30th August 2026 at The Lalit, Chandigarh**.

This prestigious annual gathering aims to bring together distinguished ophthalmologists, clinicians, surgeons, academicians, researchers, residents, and allied professionals from across the country for two days of enriching scientific exchange and professional networking.

The conference has been thoughtfully curated to highlight the latest advances, real-world challenges, and practical solutions in eyecare. Through engaging presentations, panel discussions, and interactive sessions, delegates will gain valuable insights into contemporary clinical practices and evidence-based approaches. The program aims to provide expert perspectives that sharpen clinical thinking, along with crisp, high-yield take-home messages and actionable pearls that participants can readily incorporate into their day-to-day practice.

We are honoured that **Prof Arun Kumar Grover**, renowned physicist and former Vice Chancellor Panjab University has kindly consented to be the **Chief Guest**, and **Padma Shri Prof Amod Gupta**, Emeritus Professor, and Former Dean, Postgraduate Institute of Medical Education and Research, Chandigarh is our **esteemed Guest of Honour**.

We are privileged to have **Prof Ramanit Sihota** former Head Glaucoma Services, Dr RP Center of Ophthalmic Sciences, AIIMS, Delhi as the **Dr AD Grover oration** awardee and **Dr Muralidhar Ramanappa** Senior Consulatan, L V Prasad Eye Institute, Hyderabad as the **Prof IS Jain Oration** awardee this year.

“SOLUTIONS IN SIGHT 2026” will also provide an excellent platform for young ophthalmologists and postgraduate students to present their research, exchange ideas, and engage with leaders in the field. The conference encourages active participation and collaborative learning to inspire future advancements in ophthalmic care.

Beyond academics, we hope you will enjoy the warmth and hospitality of **Chandigarh – “The City Beautiful”** — known for its elegant architecture, vibrant culture, scenic beauty, and welcoming spirit.

We look forward to welcoming you to Chandigarh for an unforgettable academic experience filled with learning, innovation, collaboration, and camaraderie.

Warm regards,

Prof Sushmita Kaushik
Organizing Chairperson

Dr Jitender Jinagal
Organising Secretary

37th Annual Conference of the Chandigarh Ophthalmological Society
SOLUTIONS IN SIGHT 2026



Day 1 | Saturday, 29th August, 2026 | HALL A

01:30 pm - 02:40 pm	Session: 1 - Oops in my Clinic (Diagnostic or Management Challenge faced in the Clinic)
Chairperson: Prof Ramandeep Singh Moderator: Dr Mohit Dogra Convener: Dr Sartaj Grewal	
01:30 pm - 01:40 pm	Keynote Lecture: What my patients taught me over a Lifetime : Prof Amod Gupta
3 min+3 min 3 min+3 min 3 min+3 min 3 min+3 min 3 min+3 min 3 min+3 min 3 min+3 min	Dr Jayanand Urkude Dr Parveen Sen Dr Ranjan Behera Dr Shweta Chaurasia Dr Rajeev Gupta Dr Sonia Phulke Dr Sujata Dwivedi
Discussants :	Prof Jagat Ram Prof MR Dogra Prof Chintan Malhotra Prof Suresh Gupta Dr Sonam Yangzes Dr Basavaraj
02:40 pm - 02:55 pm	TEA
03:00 pm - 04:10 pm	Session: 2 - Decision Making in Oculoplasty
Chairperson: Prof Usha Singh Moderator: Dr Manpreet Singh Convener: Dr Tanu Singh	
03:00 pm - 03:10 pm	Keynote Lecture: Challenges of vascular malformations involving orbit: Prof Usha Singh
Food for Thought Q1. When would you Not operate on Ptosis? Most common cause of failed surgery? Q2. Which lid lesion masquerades as a lid tumour? What is the best differentiating feature? Q3. Should ophthalmologists perform periocular fillers? Who should manage complications? Q4. External vs Endoscopic DCR? How to choose? Q5. Has Teprotumumab changed surgery rates for Thyroid Eye Disease? Q6. Canalicular laceration at midnight: Repair immediately or next day? Mono vs bicanalicular stent? Q7. How common is ptosis after forehead Botox injections? Can it be avoided?	
Experts Speak: Prof Usha Singh Prof Pankaj Gupta Dr Raman Mittal Dr Aditi Mehta Grewal Dr Manu Saini Dr Svati Bansal	
04:10 pm - 05:20 pm	Session:3 - Little Eyes Big Decisions
Chairperson: Dr Rajeev Gupta Moderator: Dr Savleen Kaur Convener: Dr Shweta Chaurasia	
04:10 pm - 04:20 pm	Keynote Lecture : True muscle transplantation for large angle strabismus: Dr Jitender Jethani
Things to Reflect On Q1. At what age and frequency should all children receive a formal vision screen, and who should perform it? Q2. What is the most important cause of delayed diagnosis in early onset glaucoma? What must you NOT miss? Q3. What role does telemedicine retinal imaging play in retinopathy of prematurity screening? Q4. Is there sufficient evidence to recommend myopia control interventions in all school-age children? Q5. How should a GP handle parental refusal of referral for suspected leukocoria? Q6. What are the triggers for MRI brain in a child with new-onset nystagmus? Q7. How do we reduce delays from symptom onset to retinoblastoma diagnosis?	
Experts Speak: Dr Jitender Jethani Dr Ashok Kumar Dr Deeksha Katoch Dr Parul Chawla Dr Rohit Grover	
05:20 pm - 05:40 pm	TEA
05:45 pm - 06:30 pm	Session:4 - Quiz
Quiz Masters: Dr Manpreet Singh Dr Mohit Dogra Dr Savleen Kaur	
06:30 pm	GBM
07:30 pm	Gala Dinner



Day 1 | Saturday, 29th August, 2026 | HALL B

01:30 pm-02:40 pm

Session: 1 – Free Paper Session (6 min + 2 min Discussion each; n=8)

Chairperson: Dr Ashok Sharma | Moderator: Dr Rajeev Gupta | Convener: Dr Aditi Mehta Grewal

Judges: Prof SS Pandav | Prof Amit Gupta | Prof Subina Narang | Prof Pankaj Gupta | Prof Sudesh Arya | Dr Faisal TT

1. Kuragel: A Biomimetic Photo-Crosslinkable Hydrogel Scaffold for Sutureless Corneal Regeneration in a Rabbit Mechanical Injury Model	Kajal Singh
2. Selective Laser Therapy for Cyclodialysis Cleft Repair: A Novel Role for Double-Frequency Nd: YAG Laser	Akanksha Sharma
3. 7-Methylxanthine as a novel therapy to Prevent Corneal Stromal Fibrosis	Kajal Singh
4. Clinical, Multimodal Imaging and Genetic Characteristics of X-Linked Retinoschisis in Northern India	Swati Sharma
5. Effect of "PEGylated" INSULIN & SERUM Eye drops eye drops on corneal stromal cells- an In-Vitro study.	Rajan Sharma
6. Association of Optical Coherence Tomography Biomarkers with Severity of Non-Proliferative Diabetic Retinopathy: A Cross-Sectional Study	Pradeep mahrok
7. Outcomes of Optical Penetrating Keratoplasty in High-Risk Pediatric Glaucomatous Eyes: A Case Series	Deepali Mittal
8. Structural and Functional Trails: A longitudinal study of visual fields in Demyelinating Optic Neuritis Variants	Rishika Rathore

02:45 pm-03:30 pm

Session: 2 – "Tea time connect – Industrial talks Session"

Chairperson: Dr Rohit Grover | Moderator: Dr Suresh Gupta | Convener: Dr Manik Sardana

02:45 pm-02:51 pm	Treating Hyperosmolarity in Dry Eye: Dr Nimrata Dhami
02:51 pm-02:57 pm	Intelligent Range for Everyday Family Life: Dr Sonam Yangzes
02:57 pm-03:03 pm	Surgical Precision in Phaco with Freeform Diffractive Profile IOL – A Deferred Live Surgery: Dr Parul Chawla Gupta
03:03 pm-03:09 pm	Today's Go To Lens – A Vision Beyond Monofocal (Deferred Live Surgery Presentation) : Dr Parul Chawla Gupta
03:09 pm-03:15 pm	Pure Ease of Mind with Purely Refractive EDOF IOL: Dr Sartaj Grewal
03:15 pm-03:21 pm	Gemetric: Complimentary Light Distribution – Offering a Choice of Customization: Dr Varun Baweja
03:21 pm-03:30 pm	Discussion and Moderator Wrap-up / Sponsor Interaction: By Chairperson and Moderator
03:30 pm-04:30 pm	Session: 3 – Challenging Cases (3 min + 2 min Discussion; n=8)

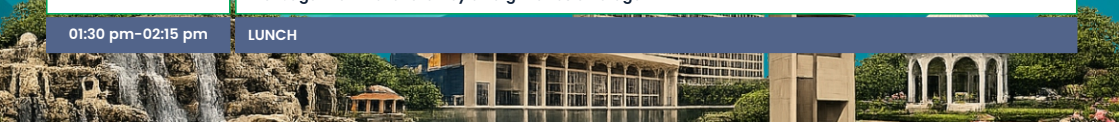
Chairperson: Dr Varun Gupta | Moderator: Dr Parul Chawla Gupta | Convener: Dr Alisha Kishore

Judges: Prof Arun Jain | Prof Sunandan Sood | Dr RK Bansal | Dr Jitender Jinagal | Dr Basavraj Tigari

1. The Field Before the Fundus: A window into Neuro-ocular spread of ARN	Anushka Agarwalla
2. Beyond Hypotony: Two Tales Of Normotensive Recurrent Choroidal Effusion Post-trabeculectomy Managed Unconventionally	Chitransha Jaluthariya
3. A Hidden Paraneoplastic Clue	Anushka Agarwalla
4. Learning from the Fellow Eye: AS-OCT"Guided Early Glaucoma Drainage Device Implantation in a High-Risk Post-Keratoplasty Eye	Vipasha Sharma
5. Monkeypox Keratitis Mimicking Refractory Corneal ulcer: Diagnostic and Management Challenges	Deeksha Sharma
6. Salvaging the Only Seeing Eye in End-Stage Stevens" Johnson Syndrome	Byanjana Bashyal
7. Beyond Conventional Limits: Customized Toric IOL Implantation in Pellucid Marginal Degeneration	Animesh Audichiya
8. Overcoming the Triple Challenge of Trauma: Small Pupil, Weak Zonules, and Dense Nucleus	Manik Sardana

Day 2 | Sunday, 30th August, 2026 | HALL A

08:30 am–09:15 am	Poster Presentations	
Judges: Prof Ramandeep Singh Prof Srishti Raj Dr Muralidhar Ramappa Dr Sonam Yangzes		
09:15 am–10:25 am	Session: 5 – Real world Retina Decisions: Evidence vs. Experience	
Chairperson: Prof Sunandan Sood Moderator: Prof Ramandeep Singh Convener(s): Dr Mansi Sharma Nishat Bansal		
09:15 am–09:25 am	Keynote Lecture: Scleral Buckling for Pediatric Rhegmatogenous Retinal detachment: Prof MR Dogra	
Questions to Consider		
Q1. Biosimilars in retina practice: Confidence or compromise??		
Q2. When would you stop injections?		
Q3. OCTA in routine clinics: Essential tool or selective luxury?		
Q4. Tamponade choices: Gas vs Oil: What drives decisions?		
Q5. Why do real world retina outcomes often not match clinical trials?		
Q6. Is the FFA obsolete in the era of OCT?		
Q7. Has anti-VEGF therapy reduced surgical skills?		
Experts Speak: Prof Amod Gupta Prof Subina Narang Dr Anjani Khanna Dr Gaurav Sanghi Dr Paavan Puneet Malhotra Dr Sahil Jain		
10:30 am–11:30 am	AIOS Session: Mixed Potpourri: The Ophthalmology Crossroads – New Evidence, Difficult Decisions & Practical Solutions	
Chairperson: Prof MR Dogra Co-Chairperson: Prof Sushmita Kaushik Moderator: Dr Jitender Jinagal Convener: Dr Manu Saini		
Questions to Consider		
Q1. Is every diabetic macular oedema still an injection case?" – Who needs anti-VEGF, steroids, laser or observation in the era of newer therapies?		
Q2. The cataract patient with 0.75 D cylinder: Toric, EDOF, monofocal or leave it alone?		
Q3. Keratoconus in 2026: Cross-linking for everyone—or are we overtreating?		
Q4. The glaucoma suspect with a normal OCT: Treat, investigate or observe?		
Q5. Can AI actually replace the ophthalmologist for screening?" – Where is AI genuinely useful today, and where should we not trust it?		
Q6. Post-LASIK patient with blurred vision: Dry eye, ectasia, regression—or something else?		
Q7. The mystery uveitis: What systemic disease are you supposed to find?		
Q8. A 45-year-old wants spectacle independence: What would you offer in 2026?		
Experts Speak: Dr Gaurav Luthra Dr Muralidhara Ramappa Prof Amit Gupta Prof Parul Icchpujhani Prof Ramandeep Singh Prof Chintan Malhotra.		
11:30 am–11:50 am	TEA	
11:50 am–01:15 pm	Session: 6 – Inauguration and Orations session Anchor: Dr Deeksha Katoch	
11:50 am–12:15 pm	Inauguration -Invite dignitaries on Dais 2 min -Lamp lighting 5 min -Welcome by Organizing Chairperson President COS 4 min -Address by Guest of Honour Prof Amod Gupta 5 min -Address by Chief Guest Prof Arun Grover 6 min -Vote of Thanks by Organizing Secretary 2 min	
12:20 pm–01:30 pm	Orations	
12:20 pm–12:50 pm	Dr AD Grover Memorial Oration: Prof Ramanjit Sihota -Introduction to Dr AD Grover by Prof Sudesh Arya 2 min -Introduction to the orator Prof Ramanjit Sihota 2 min -Oration – Avoiding common pitfalls in Glaucoma management 20 min -Honouring the Orator – All dignitaries 2 min	
12:55 pm–01:25 pm	Prof IS Jain Memorial Oration: Dr Muralidhar Ramappa -Introduction to Prof IS Jain by Prof MR Dogra 2 min -Introduction to the orator Dr Muralidhar Ramappa 2 min -Oration – When a child walks in with congenital cloudy cornea 20 min -Honouring the Orator – All dignitaries 2 min	
01:25 pm–01:30 pm	Lifetime Achievement Award Prof Jagat Ram Felicitation by all dignitaries on Stage 5 min	
01:30 pm–02:15 pm	LUNCH	



Day 2 | Sunday, 30th August, 2026 | HALL A

02:15 pm–03:25 pm Session: 7 – Withstand the Pressure and Beyond

Chairperson: Prof Sushmita Kaushik | Moderator: Dr Faisal TT | Convener: Dr Ranjan Behera

02:15 pm–02:25 pm Keynote Lecture : My MIGS journey & Why Every Cataract Surgeon Should Add MIGS to Their Practice: **Dr Gaurav Luthra**

Reflection Points

- Q1. Are preservatives causing more harm than we acknowledge?
- Q2. How do you manage glaucoma in non compliant patients?
- Q3. Is SLT still first line or under utilized?
- Q4. Should every cataract surgeon learn MIGS?
- Q5. What is the place of tubes and trabs in the era of MIGS?
- Q6. How would you counsel a 20/20 glaucoma patients who progresses despite compliance?
- Q7. Has OCT reduced clinical thinking in glaucoma specialists?

Experts Speak: Dr Gaurav Luthra | Prof Suresh Gupta | Prof Srishti Raj | Prof Parul Ichhpujani | Dr Ashok Kumar Singh
Dr Manik Sardana

03:30 pm–04:40 pm Session: 8 – Blur to Brilliant: Real World Cataract, Refractive and Corneal Decisions

Chairperson: Prof Arun Jain | Moderator: Dr Sonam Yangzes | Convener(s): Dr Rohit Grover | Dr Harpreet Kapoor

03:30 pm–03:40 pm Keynote Lecture : Pediatric Cataract Surgery: Restoring Sight in the Developing Eye:
Prof Jagat Ram

Ideas to Explore

- Q1. Femtosecond laser – game changer or expensive luxury for corneal disorders?
- Q2. What would you do for a residual cylinder after a Toric IOL implantation?
- Q3. Are we overdiagnosing keratoconus with newer topography technologies?
- Q4. Is SMILE really better than LASIK?
- Q5. One eye at a time vs immediate bilateral surgery- optimize resources or unnecessary cost?
- Q6. The 20/20 unhappy patient: When is visual acuity alone not enough?
- Q7. Are steroid protocols in infectious keratitis still controversial?

Experts Speak: Prof Jagat Ram | Prof Amit Gupta | Dr SPS Grewal | Dr R K Bansal | Prof Chintan Malhotra
Dr Amanpreet Kaur | Dr Nidhi Kalra | Dr Sujata Dwivedi

04:40 pm–5:45 pm Session: 9 – COS Premier League

Anchors: Dr Mansi Sharma | Dr Ashok Singh | Dr Ranjan Behera

Participating Teams

Name	The Sight Saving Vanguard	Chromatic Warriors	Drishti Singhams	Surgical Dhurandhars
Captain	Dr Deeksha Katoch	Dr Manu Saini	Dr Aanchal Thakur	Dr Jayanand Urkude
Co-Pilot	Dr Sonam Yangzes	Dr Archeesha vyas	Dr Savleen Kaur	Dr Jitender Jinagal
Crew	Dr Sumedha Vats Dr Shweta	Dr Svati Dr Ish Arora	Dr Vipasha sharma Dr Atif Irfan	Dr Pranav Survase Dr Samridhi Vohra

Umpires: Dr Gaurav luthra | Dr Ashok Sharma | Prof Usha Singh | Dr Srishti Raj | Prof Jaspreet Sukhija
Dr Paavan Puneet Malhotra

05:45 pm Onwards Awards Session and Valedictory Function





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Keynote Speakers



Dr Gaurav Luthra



Dr Jitendra Jethani



Prof Jagat Ram



Prof MR Dogra



Prof Usha Singh

COS Office Bearers



Dr Sushmita Kaushik
President



Dr Srishti Raj
Senior Vice President



Dr Subina Narang
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Dr Aditi Mehta Grewal



Dr Alisha Kishore



Dr Sonia Phulke



Dr Manik Sardana



Dr Paavan Puneet Malhotra

Reception Committee

Dr. S.S. Pandav | Dr. Usha Singh | Dr. Arun Jain | Dr. Suresh Kumar | Dr. Amit Gupta | Dr. S.P.S Grewal | Dr. Sudesh Arya | Dr. Vishali Gupta
Dr. Shrishti Raj | Dr. Raman Mittal

Scientific Committee

Dr. Sushmita Kaushik | Dr. Ramandeep Singh | Dr. Parul Ichhpujani | Dr. Deeksha Katoch | Dr. Savleen Kaur | Dr. Jitender Jinagal

Audio Visual Committee

Dr. Manu Saini | Dr. Ashok Singh | Dr. Sonam Yangzes | Dr. Subina Narang | Dr. Simar Rajan Singh | Dr. Sujata Dwivedi | Dr. I.P. Singh
Dr. Anjani Khanna

Registration Committee

Dr. Jaspreet Sukhija | Dr. Praveen Sen | Dr. Reema Bansal | Dr. Nidhi Kalra | Dr. Archana Malik | Dr. Sonia Phulke | Dr. Shweta Chourasia

Inauguration and Hall Management Committee

Dr. Jaspreet Sukhija | Dr. Praveen Sen | Dr. Reema Bansal | Dr. Parul Chawla Gupta | Dr. Nidhi Kalra | Dr. Parul Ichhpujani | Dr. Archana Malik
Dr. Harpreet Kapoor | Dr. Sonia Phulke | Dr. Shweta Chourasia

Transport Committee

Dr. Gagandeep S. Brar | Dr. Jayanand Urkude | Dr. Ranjan Behera | Dr. Ashok Singh | Dr. Nishant Sachdev
Dr. Gurdeep Boparai | Dr. Sahil Jain

Catering Committee

Dr. G.S. Mangat | Dr. Mohit Dogra | Dr. Basavraj Tigari | Dr. Rajeev Gupta | Dr. Manpreet Singh | Dr. Pawan Puneet Malhotra



Conference Secretariat

Advanced Eye Centre, PGIMER, Chandigarh



EVENT MANAGER



Tee Mac Corporation

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